

WITH OVER 50 YEARS OF EXPERIENCE, YOU CAN TRUST COLBROW

Colbrow has been providing excellence in healthcare placements since 1957. Founded by Mrs. Collins-Brown, we provide a solution to the need for a continually available pool of Registered Nurses to patients whether in the home or in hospital.

Colbrow has been with the same family for three generations and our people are our greatest asset. We focus on staff growth and development, so you can be assured that each and every one of our team members takes the concept of family by heart and embodies Colbrow's guiding principle —*it's our family values that make the difference.*

LET US TALK ABOUT HOME CARE

Call us for more information about our Home Care services or to schedule an in-home assessment.

1300 550 192

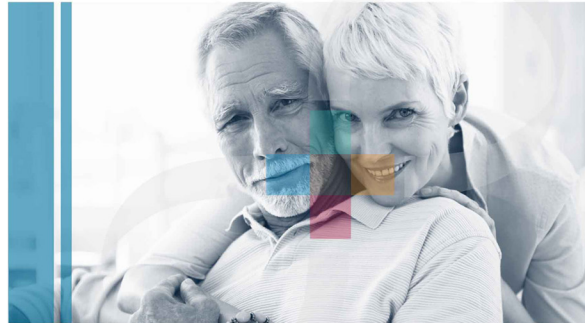
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Your Home, Your Life, Your Choice

A guide to in-home aged care



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A Tradition of Healthcare Excellence.

MAKING INFORMED FINANCIAL DECISIONS

Preparing for one's older years is something that should be of paramount importance to everyone. Individuals who practise wise financial planning early in life can have a higher chance of remaining independent in their golden years, allowing them to enjoy a higher quality of life.

Through careful financial planning and by consulting with financial advisers, individuals can have more options for their care as they age. One of the best options is to remain in the family home instead of living in an assisted facility.

Having all the facts regarding future aged care can help individuals plan better for their future, and puts them in a better position to make the right decisions with regards to their care. This can ultimately mean that superior care can be received without having to resort to selling the family home, and staying in the home can mean a better quality of life, surrounded by family, friends and their community.



THERE *IS* A CHOICE: COLBROW HOMECARE

We don't just provide quality care: more than that, we provide seniors the option to stay in their homes if they wish to do so, while having all of their care needs covered.

We provide in-home assessments to determine the level of care a client needs and tailor our care plans based on individual assessments.



THE ADVANTAGES OF HOME CARE VS. RESIDENTIAL AGED CARE

- Allows seniors to remain close to familiar surroundings and loved ones
- Eliminates the stress of moving into an aged care facility
- Seniors receive personalised service
- The client only pays for the length of care used - with no hidden charges
- Allows seniors to have a better quality of life while addressing their medical needs
- In many cases, properly planned home care eliminates the need to sell the family home



OUR SERVICES

The length of care we provide depends on each patient's evaluated needs, from 1-hour through to 24-hour live-in care.

Nursing Care

Personal Care

Companionship

Socialisation

Respite for Carers

Meal Preparation

Help Around the Home



FINANCING OPTIONS AND GOVERNMENT ASSISTANCE

Individuals are advised to consult with their financial advisers to find out which funding options (e.g. reverse mortgages) are suitable for their Home Care. Eligible individuals can also avail of certain government financial assistance in aged care from the Australian Government, and advice should also be sought from specialists as to which benefits are available to them.



Some costs may be recoverable under certain private health insurance policies such as Medibank Health Solutions and under BUPA including HBA, MBF and Mutual Community. Patients are advised to check with their private health insurance provider.

AGEING IN THE HOME

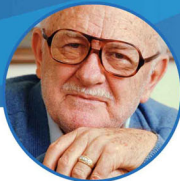
Case Study One - Low Care

85 year-old Glenda Smith lives alone in her single storey, two-bedroom unit in Balwyn, where she has lived for 20 years and enjoys tending to her garden and her cat. One morning Mrs. Smith slips over in the shower and breaks her hip and was not discovered until later on the evening when her daughter came to her house for a visit. After spending a lengthy period in rehabilitation, Mrs. Smith is very much looking forward to returning to her garden and cat. Mrs. Smith's family is extremely concerned about her returning home alone after her fall, however Mrs. Smith does not wish to enter residential aged care as it would mean she would no longer enjoy the freedom and independence that she holds dear.

Mrs. Smith has been assessed as being able to walk with the aid of a walking frame and requiring assistance with showering, food preparation and grocery shopping but otherwise, she is fully functioning. Mrs. Smith would need approximately 8 hours of care per week, the cost of which would be approximately \$350.00 per week and would include travel to and from the supermarket. The hours could be spread over any weekday or for slightly higher cost, some hours could be on the weekend also.

This investment would allow Mrs. Smith to maintain her independence and her quality of life would not suffer as it might if she were placed into a low-care residential aged care facility.





AGEING IN THE HOME

Case Study Two – Medium Care

After losing his wife of 50 years, 90 year-old John McGuire has started to become more and more forgetful and is becoming increasingly frail. He is no longer able to perform most personal care tasks, such as showering, dressing and general grooming. As his wife was predominately responsible for the cooking and cleaning of the house, Mr. McGuire is also struggling to maintain the cleaning of his house and maintenance of the garden. He receives some assistance from his family, however they are no longer able to maintain the level of care he now requires. Mr. McGuire is a fiercely independent man and refuses to go into a 'home'.

To allow him to stay in his own home, Mr. McGuire would be likely to require the assistance of a personal carer who could help with his personal care, general cleaning and meal preparation. Apart from the 'hands on' assistance Mr. McGuire needs, he also requires companionship and escorting to appointments and social functions. Mr. McGuire would also require a garden maintenance contractor to be engaged on his behalf. This could be achieved by having a personal carer attend his house for 21 hours per week which would allow socialisation and interaction while daily tasks are completed. This would cost approximately \$570 per week and would include 6 hours on the weekend and one social visit/doctor's appointment.

Case Study Three – High Care

Max Smith is 90 years of age and his health has progressively deteriorated over the years. He now requires 24-hour care as he is unable to care for himself due to many ailments. His wife had been his primary carer however, after she passed away suddenly, he has no one available to provide him on-going 24-hour care.

He does not wish to go into a home and his family is supportive of his wishes. Due to the large number of medications he is on, he would require the assistance of a Registered Nurse for at least one hour per day but otherwise, his care needs could be met by a Personal Care Attendant. As Mr. Smith is mostly ok at night, a Personal Carer with a sleepover component would work well for him with an upright carer during day, in addition to the attending Registered Nurse. The cost of this type of service is variable and will depend on individual client needs.

